



## Mashed Potatoes

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1/4 cup cashews, raw (soaked for at least 4 hours if not using high speed blender)

1/2 cup water

8 russet potatoes, peeled and chopped

8 tablespoons butter (1 tablespoon butter per potato)

Salt to taste

Blend cashews and water until smooth.

Add potatoes to boiling water and boil until soft. Drain potatoes. Combine in bowl with cashew cream, butter and salt. Mix until fluffy with electric mixer, or manually with potato masher.