

Spinach Pesto

4 cups fresh spinach, baby or regular (I prefer baby)
1/2 cup walnuts (or nut of choice)
2 cloves garlic
2 Tbs olive oil
2 Tbs nutritional yeast
1 Tbs salt
Juice of 1 lemon
1-2 tomatoes, chopped (about 1 1/2 cups)

Add all ingredients except tomatoes to food processor, and process until smooth. A tablespoon of water may be needed.

Mix with 16 ounces pasta. Is also great mixed with rice.

Additional serving suggestion: Add a cup of cooked chickpeas and mix with 8 ounces of pasta. This freezes well!

Note: I doubled the recipe during the demo, but forgot to double the salt which is why it was a bit under salted.